

Workplaces - make uniforms & personal protective equipment (PPE) SunSmart

Sun protective clothing and equipment is one way to assist in minimising an individual's risk of skin cancer. Use the below checklist to help design a SunSmart uniform or dress guideline.

Consider reviewing your existing uniforms or gradually implementing changes to items for your next order with the uniform checklist.

Handy Hint: Tax deductions for personal protective equipment (PPE) may be available. Since 2002, workers in a wide range of outdoor occupations have been able to claim the cost of sunglasses, hats and sunscreen as a tax deduction. For more information visit the Australian Taxation Office (ATO) website.

Clothing item	Recommended	Not recommended
Fabric (all fabric items)	<ul style="list-style-type: none"> • <i>Tight weave</i> • <i>Dark colour</i> • <i>Natural fibre</i> • <i>UPF 50+</i> 	<ul style="list-style-type: none"> • <i>Fabric that is see-through</i> • <i>Synthetic fibres</i> • <i>Light colours</i>
Sun protective hats <i>(also see fabric recommendations above)</i>	<ul style="list-style-type: none"> • <i>Broad brimmed</i> • <i>Bucket</i> • <i>Legionnaire</i> • <i>Hard hat with brim and flap attachments</i> 	<ul style="list-style-type: none"> • <i>Baseball caps</i> • <i>Visors</i> • <i>Hard hat without brim and flaps</i>
Sun protective shirts <i>(also see fabric recommendations above)</i>	<ul style="list-style-type: none"> • <i>Collared</i> • <i>Full length sleeves, rolled down</i> • <i>Loose fitting clothing that is comfortable and cool</i> 	<ul style="list-style-type: none"> • <i>Singlets</i> • <i>T-shirts</i> • <i>Short sleeved shirts</i> • <i>V neck</i> • <i>Sleeveless shirts</i>
Sun protective pants or skirts <i>(also see fabric recommendations above)</i>	<ul style="list-style-type: none"> • <i>Long length</i> • <i>Loose fitting shorts</i> • <i>Knee length skirts</i> 	<ul style="list-style-type: none"> • <i>Shorts (outdoor work)</i>



Shoes

- Closed in
- Long socks
- Thongs

Sunglasses

- Wrap around style
- Australian Standard 1067
- Safety glasses Australian Standard 1337
- EPF factor of 9 or 10

Sunscreen

- SPF30 or higher
- Broad spectrum
- Water-resistant

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Disclaimer

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